

# CLOTHING AND GEAR

## W CIRCUIT FOR HIKING ENTHUSIASTS



### OTHER ITEMS

- Extra batteries for your camera or devices and charger.
- Headlamp with fresh batteries.
- Water bottle (included for guests with booked programs).
- Sunscreen (SPF 45+).
- Lip balm.
- Mosquito repellent.
- First-aid kit with essential medications (painkiller, antihistamine, antispasmodic, etc). Injury or preventive tapes (such as: moleskin, compeed, etc.) there are no drugstores at the park.

### CLOTHING AND ARTICLES FOR EXCURSIONS

- Comfortable/light and light shoes (sneakers, sandals, crocs, etc).
- Socks (any kind, not necessarily technical socks).
- Comfortable pants and shirts, as sleepwear.
- Underwear.
- Toiletries.
- Quick-dry towel.
- It is important to protect the content of your backpack from the rain. You can use dry bags, slider zip bags or place a garbage bag in the inside of the backpack.



Hiking backpack  
40 - 45 liter



Warm outdoor  
jacket



Gloves



Polar jacket  
(or other warm jacket)



Warm socks



First layers



Quick - dry  
pants



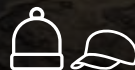
Buff



UV protection  
sunglasses



Waterproof jacket  
and pants



Warm hat and  
Jockey



Leg warmers



Comfortable boots  
or hiking shoes